

HOUSE-MADE DRESSINGS

A single serving is 2oz **0.99**
 A double serving is 4oz **1.29**

- Ranch
- Chipotle Ranch
- Lime Caesar Dressing

- Lemon-Thyme Vinaigrette
- Orange Champagne Vinaigrette

BEVERAGES

SMOOTHIES

All smoothies are 16oz and have **NO** added sugars.

*Add vanilla protein powder for just **1.50** more!

*Smoothies can be made vegan without the yogurt!

Orange You Glad **4.49**

Greek yogurt, coconut milk, fresh blood orange, pineapple, banana, and a drizzle of honey.

PB&E Peanut Butter & Espresso **5.79**

Banana, peanut butter, chocolate syrup, almond milk, and 2 shots of espresso.

Sandia Sunset **5.89**

Greek yogurt, coconut milk, fresh strawberries, blueberries, banana, mango puree, and a drizzle of honey.



Energized Monkey **4.59**

This one will give you the energy you need!

Greek yogurt, almond milk, banana, kale, strawberries and a drizzle of honey.

HOT DRINKS

| Drink size | 12oz | 16oz | 20oz |
|--------------|------|------|------|
| Daily Brew | 1.50 | 1.75 | 2.00 |
| Café Au Lait | 2.25 | 2.50 | 2.75 |
| Red Eye | 2.00 | 2.50 | 3.00 |
| Latte | 2.50 | 3.00 | 3.50 |
| Cappuccino | 2.50 | 3.00 | 3.50 |
| Mocha | 3.00 | 3.50 | 4.00 |
| White Mocha | 3.25 | 3.75 | 4.25 |
| Chai Ball | 3.50 | 4.00 | 4.50 |
| Chai | 3.00 | 3.50 | 4.00 |

| Espresso | Single | Double |
|-----------|--------|--------|
| Espresso | 1.75 | 2.00 |
| Con Panna | 2.00 | 2.25 |
| Macchiato | 2.00 | 2.25 |
| Americano | 1.75 | 2.00 |
| Cortado | - | 2.25 |

TEA AND EXTRAS

| Drink size | 12oz | 16oz | 20oz |
|--------------------|------|------|------|
| Black/Green/Herbal | 1.25 | 1.50 | 2.00 |
| Tea Latte | 2.50 | 3.00 | 3.50 |
| Hot Chocolate | 2.00 | 2.50 | 3.00 |
| Steamer | 2.00 | 2.50 | 3.00 |

| Add-Ons | Charge |
|-------------------|--------|
| Monin Flavor Shot | 0.50 |
| Espresso Shot | 0.75 |
| Non-Dairy Milk | 0.50 |
| Breve | 1.00 |

ICED DRINKS

| Drink size | 16oz Single | 16oz Double | 20oz Double |
|--------------------|-------------|-------------|-------------|
| Latte | 2.75 | 3.25 | 3.50 |
| Mocha | 3.00 | 3.50 | 4.00 |
| White Mocha | 3.50 | 4.00 | 4.50 |
| Iced Coffee | 2.25 | 2.75 | 3.25 |
| Chai | - | 3.50 | 4.00 |
| Chai Ball | 3.50 | 4.00 | 4.50 |
| Cold Brew | - | 2.75 | 3.25 |
| Americano | 2.00 | 2.25 | 2.25 |
| Red Bull Infusions | 3.25 | | |
| Italian Sodas | 2.50 | | 2.75 |



happy heart BISTRO is managed by The University of New Mexico Hospitals. The mission is to provide healthy and flavorful meals that aid in mental and physical well-being.

Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

At happy heart BISTRO we specialize in house made fare using organic locally grown produce. Our innovative and delicious food combinations are a fresh culinary escape!

BREAKFAST

happy heart BISTRO proudly serves: cage-free eggs • organic spring mix • organic apples and bananas • produce from local farms • local Einstein bagels • all-natural chicken • all-natural ham and pastrami • grass-fed beef • chemical-free salmon • Tillamook sharp cheddar cheese • local Swiss Alps bread • fair trade coffee from Red Rock Roasters

The Way You Like It

- Make your meal gluten-free by requesting gluten-free bread and a delicious fruit or kale salad
- Make your meal dairy free - order it without cheese
- Vegan
- Vegetarian
- Lacto-Ovo
- Plant-based meat substitute

Gluten-free Bread **1.75**

BREAKFAST BURRITOS

Verde Breakfast Burrito

Scrambled cage-free eggs, your choice of meat, hash browns, sharp cheddar cheese, and green chile sauce bundled in a flour tortilla (1/2lb).

Rojo Breakfast Burrito

Scrambled cage-free eggs, your choice of meat, hash browns, sharp cheddar cheese, and red chile sauce bundled in a flour tortilla (1/2lb).



TOP IT

THE WAY YOU LIKE IT



Verde & Rojo Burrito Choices

| | |
|----------------|------|
| Turkey Sausage | 4.79 |
| Turkey Bacon | 4.69 |
| Sausage | 4.99 |
| Bacon | 4.89 |

Fire in the Bamboo **5.79**

A savory breakfast sandwich with scrambled cage-free eggs, caramelized onions, house made Sriracha mayo and chives. Topped with muenster cheese on a buttery croissant.

Breakfast menu continues inside

BREAKFAST BOWLS

Great Buddha Bowl **8.29**
 Sautéed red skin and sweet potatoes, red bell peppers, red onion and arugula seasoned with a unique sumac-curry spice blend. Served with a spicy **Italian vegan** sausage and kimchi fritters. Kimchi pickled from scratch.

Grilled Salmon Quinoa **10.79**
 Quinoa fritters topped with sautéed kale, lemon pepper salmon and a green chile hollandaise.

Hearty Breakfast Bowl
 Two cage-free eggs, your choice of meat, hash browns, and shredded sharp cheddar. Served with a side of seasoned black beans and a tortilla.

TOP IT

THE WAY YOU LIKE IT

Breakfast Bowl Choices

Turkey Sausage **6.29**
 Turkey Bacon **6.19**
 Sausage **6.39**
 Bacon **6.09**

BREAKFAST SANDWICHES

Ham And Cheese Croissant **5.29**
 Smoked ham, cage-free egg, muenster cheese and sharp cheddar on a buttery croissant.

Breakfast Grilled Cheese **5.89**
 Not your average grilled cheese! Two over-medium cage-free eggs, pesto goat cheese, and arugula between two toasted slices of multigrain bread.

Bagel Breakfast Sandwich
 Cage-free egg, your choice of meat, and sharp cheddar on a toasted Einstein bagel.

TOP IT

THE WAY YOU LIKE IT

Bagel Breakfast Choices

Turkey Sausage **7.59**
 Turkey Bacon **7.79**
 Sausage **7.89**
 Bacon **7.69**

BREAKFAST SIDES

A single serving is 2oz, a double serving is 4oz

Kimchi Fritters (2Ea.) **3.29**
 House pickled cabbage, radish, and green onions. A little spicy and a little sweet. Battered and crisped to perfection! Served with sambal soy sauce.

Quinoa Fritters (2 Ea.) **4.99**
 Quinoa veggie blend, green onions, and Mediterranean spices. Healthy and delicious!

Regular Hash Browns **1.99**
Fruit Salad **2.89**

Kale Salad **3.29**
Green Sauce or Red Sauce
 Single **0.99**
 Double **1.59**

LUNCH

HOT SANDWICHES

All cold and hot sandwiches come with French fries and a dill pickle.
 Upgrade to Sweet Potato Tots **1.29
 Gluten-free Bread **1.75

Sweet and Spicy Chicken Sandwich **8.69**
 A tender chicken breast marinated in a unique blend of spices. Served on a potato Kaiser bun with spring mix, red onions, tomato and a scrumptious mango aioli.

Artichoke Grilled Cheese **7.29**
 Like spinach artichoke dip! A warm arugula artichoke spread and provolone cheese on toasted sourdough bread.

Turkey and Brie 2.0 **9.29**
AN ABSOLUTE MUST TRY!
 Smoked all-natural turkey breast, brie cheese, and a house made pear chutney. Served on toasted sourdough bread.

Vegan Cuban Reuben **8.59**
 A vegan sandwich with portabella mushroom and purple cabbage, that have been marinated in our special blend of spices. Served on toasted marble rye bread with our signature almond balsamic cheese spread.

COLD SANDWICHES

Lemon Basil Chicken Salad **8.09**
 The perfect combination of chicken, grapes, basil, lemon, honey glazed walnuts and spices. Served with spring mix and tomatoes in a pita bread.

Tuna Parmesan Sandwich **8.19**
 Fresh made tuna salad mixed with red bell pepper, red onion, and parmesan. Topped with spring mix, cucumbers and sliced tomatoes on multigrain bread.

Mango Guac BLT **8.69**
 A fresh twist on a BLT. Bacon, lettuce, tomato, spring mix and a delicious house made mango habanero guacamole. Served on toasted sourdough bread.

Roasted Garlic Balsamic Club **10.59**
 A bold club! Turkey, bacon, ham, avocado, tomato, spring mix and sharp cheddar. Served on toasted sourdough with a roasted garlic balsamic mayo.

AMERICAN CLASSICS

Sun-Dried Tomato Mac N' Cheese **6.59**
 Pasta tossed in a sun-dried tomato and goat cheese sauce. Sprinkled with breadcrumbs, and baked to perfection.

Beer Battered Fish and Tots **8.99**
 Guinness beer battered cod, served with a lemon basil tartar sauce, and sweet potato tots.

Chipotle Honey Chicken Crispers **9.99**
 Light and crispy hand battered chicken strips tossed in a chipotle honey glaze. Served with chipotle ranch.

Old Fashioned Burger **9.59**
 A **grass-fed** 6 oz. seasoned beef patty on a toasted potato Kaiser bun, topped with sharp cheddar cheese, spring mix, tomato and red onion.

Taos Mountain Burger **9.89**
 A **grass-fed** 6oz. seasoned beef patty on a toasted potato Kaiser bun, topped with blue cheese caramelized onion, spring mix and a sweet balsamic reduction.

Redefined Beyond Burger **11.99**
 A delicious **100% Plant-Protein** patty on a toasted potato Kaiser bun. Topped with provolone cheese, spring mix, tomato, red onion and an avocado cilantro lime mayo.

Wild Rice Steak Burrito **6.89**
 A classic 1/2 lb steak burrito. Stuffed with wild rice, black beans, marinated skirt steak and sharp cheddar. Your choice of red or green chile sauce.

SOUPS

House Soup: Abuelita's (Grandma's) Beef Caldo
 Ground beef, green chile, yellow onion, potatoes, and a lot of LOVE! Served with a tortilla.
 Small **3.49**
 Medium **4.29**

Soup Du Jour:
 Ask our friendly staff about our soup of the day.

SALADS

All dressings are made in house.

Kale Caesar Salad **8.69**
 Fresh kale, romaine lettuce, mini heirloom tomatoes, shredded parmesan, grilled chicken, and house croutons. Tossed in a lime Caesar dressing.

Southwestern Cobb **10.69**
 Mixed greens, avocado, tomato, jalapeño, black beans, red bell pepper, shredded cheese, cage-free boiled egg, bacon bits, and grilled chicken. Served with chipotle ranch and topped with a sweet corn crouton.

Salmon Chopped Kale Salad **10.99**
 A refreshing salad. Something light and filling. Kale, quinoa, diced avocado, cucumber, jalapeño and poached salmon. Tossed in a lemon thyme vinaigrette.

Poached Pear Salad **7.89**
 An energizing sweet salad! Mixed greens, blue cheese crumbles, candied bacon bits, red onion, fried avocado and poached pear. Tossed in a blood orange champagne vinaigrette.*
 *Consuming this vinaigrette may cause a temporary mild tingling sensation

LUNCH SIDES

Sweet Potato Tots **2.99**

French Fries **1.99**

Fruit Salad **2.89**

Kale Salad **3.29**

Cheese **0.99**

Bacon **1.29**

Avocado (1/2) **1.99**

A single serving is 2 oz.
 A double serving is 4 oz.

Jalapeños **.49**

Chopped Green Chile **.79**

Green Chile Sauce Or Red Chile Sauce
 Single **0.99**
 Double **1.59**